

TOP FISHING SECRETS**Top Fishing Secrets .COM****Think like a Trout and Steelhead**

If you want to get them on the bite all the time you have to think like a fish

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Steelhead are one of the most prized game fish on Earth..

To find trout and steelhead this time of year we really have to think like a fish, and when we know how they think then we'll know when to head out to the water, and sometimes that doesn't give us anglers much time to think about it, so we have to be ready. Spring and Summer fishing really comes down to watching river and lake levels, but more than that, we have to watch fluctuating barometric pressure. These are coldwater fish and they simply don't have a say in some of their mannerisms. When the barometer falls, no matter how slight, fish go off the bite and stay that way from hours to days, depending on how volatile the weather is. I've seen fishermen make perfect presentations to trout and steelhead in gin clear water and the fish would actually let the offering hit them right in the face, it's true, and that's about as off the bite as fish get. Watch for the stable or rising barometer. It can be forecast for up to four days in advance, and that's the thing. Most anglers know that fishing the right time means being ready to fish at the drop of a hat, and four days notice is not a lot of time, but when the fish call, then fishermen have to go...that is, if they want to be successful. In a pinch, the best rule of thumb is to remember that the warmer it is the easier it is to get trout and steelhead to bite. Most old timers will tell you to fish the warm breaks of the day, and they're not far from the truth. If the pressure drops when you fish, simply wait for the cloud breaks and fish hard. I've seen days where fishermen couldn't catch a cold in a snowstorm, but the second the sun came out the bite was on and stayed that way so long as the sun was on that section of water. This tip applies to any drop in temperature no matter how warm or cold it is, for example. If the weather is about sixty-degrees and then drops to fifty-seven it will be enough to stop fish from biting. If the temperature is forty-degrees and rises to forty-three fish will

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almost immediately go on the bite. Some fishermen head out to rivers and lakes with Barometers and Thermometers and they swear by them. In my book I talk about it too. It's not a bad idea, just be sure not to overload your tackle box or vest with so much gear that the weight of it makes you prematurely tired. One good idea gives birth to a new one, and another, and another, and another...get the idea?

It is possible to find fish at the drop of a hat but remember that you must be ready to bolt out the door. The metabolic rate of fish, especially trout and steelhead, is largely dependant on the barometer, when you can keep that in your head, then you really will begin to think like a fish. Prepare all the fishing tackle as you watch weather patterns and go when it looks stable or rising. Once you have the mindset of fish, getting them on the hook will be about as common as the wife's complaints about you spending all your time fishing.