

## TOP FISHING SECRETS

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### Defining the Medium-Low Tide

*Medium-low tides are transitional waters that offer species to move out and to move in at the same time in the same area; harder to fish but predictable and dependable.*

(Ebb, outgoing, Tide)

Timothy Kuserets

Medium-Low

Medium-low tides are hard to fish since there is little to no water movement for six hours or more. Most of the time this type of tide has five feet or less of water movement, and that makes for some rough fishing. Current often dictates temperatures and oxygen levels, which determine how long a school of salmon will hold in one place. With little current to inhibit them, fish can literally frolic individually without the threat of predators being able to single them out. The same kind of phenomenon takes place with the baitfish they hunt. Current drives balls of baitfish together making them fairly easy targets to spot above and below the surface. Slow current create the opportunity for those baitfish to dive to deep water near the bed where salmon, and other anadromous fish, are sure to miss them; this adds to the difficulty in finding holding fish during medium-low tides regardless of the time of day.